



ADHIPARASAKTHI
DENTAL COLLEGE & HOSPITAL
Melmaruvathur | Tamilnadu-603 319



APDCH Rivista 2026



Rivista
2026



Arulthiru
BANGARU ADIGALAR
Founder, ACMEC Trust



It is a matter of great pride to pen a message for "APDCH RIVISTA 2026," the student magazine of APDCH. The institute magazine is a platform for the students to express their creative pursuits, which develop in them originality of thought and expression. The contents of the magazine reflect the creativity and imagination of our students. Academic excellence along with co-curricular and extra-curricular activities complete the process of education. It also gives me great pleasure to see that APDCH is progressing in its endeavour towards the overall personality development of the students. I take this opportunity to congratulate the correspondent DR. T. RAMESH, the Principal, Faculty members, and Students for their strong sense of commitment, service, and responsibility that has facilitated in transforming this institution into an outstanding and significant temple of learning.

Sakthi. Thirumathi.

V. Lakshmi Bangaru Adigalar

President, ACMEC Trust

CORRESPONDENT'S MESSAGE

Dear Aspiring Dentists, As you stand on the precipice of completing your Bachelor of Dental Surgery (BDS) course, I extend my heartfelt congratulations on this remarkable achievement. Your dedication, hard work, and perseverance have led you to this momentous milestone in your academic journey."

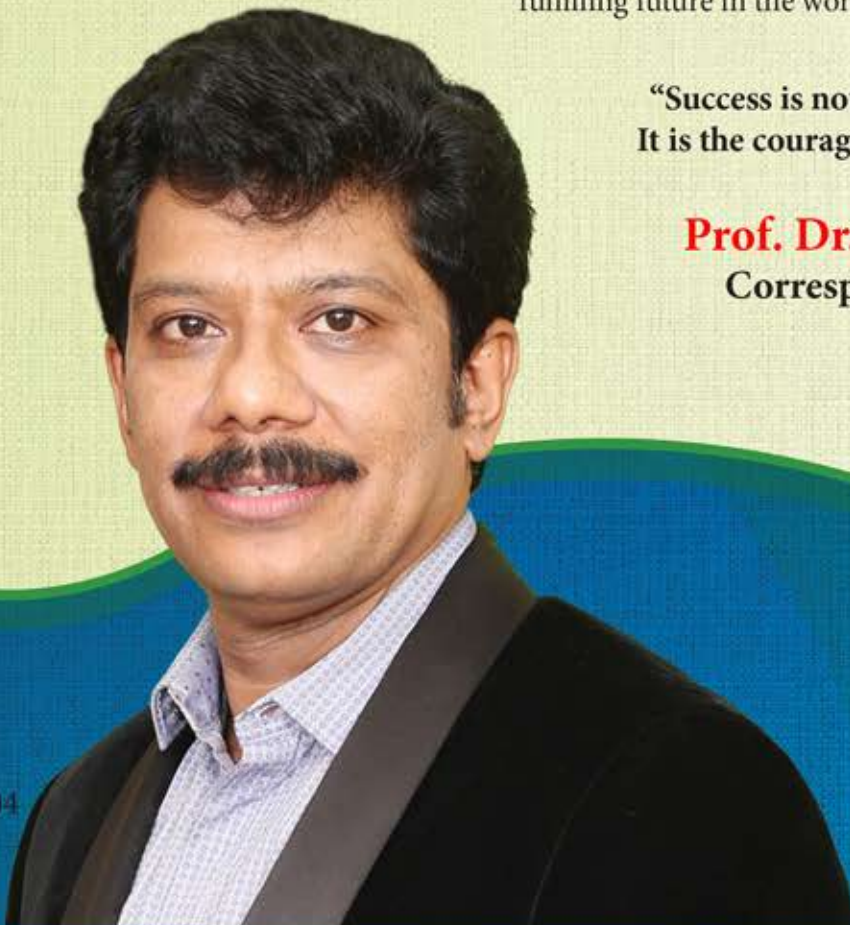
The only person you are destined to become is the person you decide to be." Your future in dentistry is in your hands. Decide who you want to be as a professional, and work diligently to achieve that vision. Embrace challenges, learn from your experiences, and never stop striving for excellence.

I wish you all the very best as you step into this exciting new phase of your life. May your passion for dentistry continue to burn bright, and may you always strive to be the best version of yourself.

Congratulations once again, and here's to a successful and fulfilling future in the world of dental science!

**"Success is not final, failure is not fatal:
It is the courage to continue that counts."**

Prof. Dr. T. Ramesh, MD
Correspondent, APDCH



PRINCIPAL MESSAGE

It is with immense pride and joy that I welcome you to yet another edition of our college magazine - a testament to the creativity, intellect, and spirit that define our institution.

As we turn the pages of this annual edition, we are reminded that education is not merely the accumulation of knowledge, but the cultivation of minds bold enough to imagine a better tomorrow. We stand today at the threshold of an extraordinary era - one shaped by artificial intelligence, sustainable technology, and the limitless potential of human ingenuity. The world is not waiting for the future to arrive; it is being built, right now, by young minds like yours.

Our college has always believed in nurturing not just scholars, but pioneers. This year, we have witnessed our students rise to challenges with remarkable resilience, curiosity, and a hunger to innovate. Whether in laboratories, classrooms, cultural arenas, or community initiatives, you have proven time and again that you are ready to lead the world that is taking shape before us.

To our students - dare to question, dare to experiment, and dare to fail forward. Every great innovation in history was born from someone who refused to accept the world as it was. Be that person. The future does not belong to those who wait for change; it belongs to those who create it.

To our faculty, your dedication in preparing the next generation of thinkers and innovators is the foundation upon which all of this is built. Your guidance continues to illuminate paths that students did not even know existed.

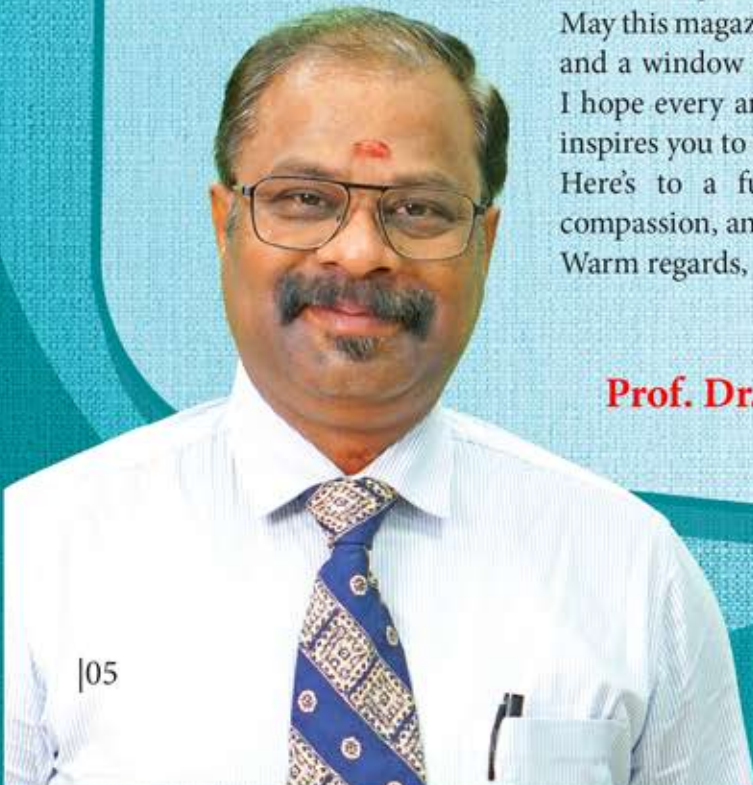
May this magazine serve as a mirror of our collective journey and a window into the limitless possibilities that lie ahead. I hope every article, story, and creation within these pages inspires you to dream bigger and reach further.

Here's to a future we build together - with courage, compassion, and an unrelenting spirit of innovation.

Warm regards,

Warm regards,

Prof. Dr. S. Magesh Kumar, MDS, PhD



FROM EDITORIAL DESK

CONGRATULATIONS SKYHAWKS

To My dear Skyhawks

Five years ago, you entered these corridors as young students carrying dreams, uncertainty, and a little nervous excitement. Today, you step out not merely with a degree, but with the identity of a dental surgeon - a healer, a professional, and a responsible member of society.

Dentistry is not just a profession you have chosen. It is a commitment.

A commitment to relieve pain.

A commitment to uphold ethics.

A commitment to treat every patient with dignity.

As you move forward - into postgraduate education, private practice, research, hospital services, or new journeys abroad - remember that clinical skill will make you competent, but compassion will make you unforgettable.

There will be challenges. There will be moments of self-doubt. There will be days when outcomes do not match expectations. In those moments, pause and remember how far you have already come. The same resilience that brought you here will carry you forward.

Success in dentistry is not measured only by income or recognition. It is measured by the trust patients place in you, the integrity with which you practice, and the respect you earn through consistent ethical care.

I hope you remain lifelong learners. Dentistry evolves, science advances, techniques change - but values must remain constant.

As you begin this new chapter, step forward with confidence - not arrogance; with ambition - not haste; with courage - not fear.

The world needs skilled dentists.

But more importantly, it needs good human beings.

Go forth and build careers that reflect both.

With immense pride and warm wishes, your loving DD

Good luck and congratulations once again!

**Prof. Dr. M. Deivanayagi, MDS.,
PhD, MBA, PGDCFS, FPFA**



EDITORIAL TEAM

**DR.T. RAMESH, MD
DR. DEIVANAYAGI, MDS
DR.S. VENKAT RAMAN
DR.S. ISWARIYA
DR.P. LOGESH
DR.S.S.SARATH**

THE TESTAMENT OF WARRIORS

STUDENT'S MESSAGE



S. Venkat Raman,
Literature Secretary

Dear Batchmates,
From day one in the lab to managing patients in the clinic, our journey has been filled with learning, laughter, stress, and unforgettable memories. Each of us has grown in our own way, yet we moved forward together as one batch. This magazine is a small attempt to capture those moments that made our college life special. I am grateful to be part of such a supportive and memorable batch. Wishing everyone success, confidence, and happiness in the paths we choose ahead.



S. Iswariya,
Literature Secretary

Dear Juniors,
Welcome to this institution, a place that will shape both your professional skills and personal growth. While the journey here may be demanding at times, it is also filled with valuable learning experiences. There will be long days, practical challenges, and moments of pressure, but each of these plays a role in preparing you to become confident and capable professionals. What may seem difficult now will later become a source of pride and strength. Respect the institution, trust the training, and make the most of every opportunity to learn. In time, you will look back and appreciate how this place contributed to your growth. Wishing you a successful and fulfilling journey ahead.



J. Abishek,
General Secretary

I express my heartfelt gratitude to this institution for shaping me academically and personally and taught about leadership roles. This message to my beloved batchmates, these years gave us more than classrooms and exams—they gave us memories that will last a lifetime. From nervous first days to confident goodbyes, every laugh, struggle, and silent support we shared has shaped our journey.

We may be walking into different futures, but a part of us will always remain here, in these corridors, friendships, and moments. No matter how far life takes us, this chapter will forever be our home. Grateful for every memory, every bond, and every one of you.

To my juniors, There will be challenges, laughter, late nights, and lessons beyond textbooks. Embrace every moment—because one day, you will look back and realize these were the days that changed you forever. Make memories, value friendships, and walk this journey with heart and courage.



Chandra Priya,
Joint Secretary

With a heart full of gratitude and a smile that says it all, life isn't meant to be perfect, and not every road we walk will be smooth. Strength is not about never falling, but about rising every time we do, carrying lessons instead of regrets. Every stumble shapes us, every challenge teaches us, and every experience adds meaning to our journey. You don't have to please everyone—be true to yourself and listen to what your soul needs. Choose growth over fear, peace over pressure, and joy over expectations. Live boldly, love deeply, stay kind even when it's hard, and remember—true success is simply being happy with who you are.

VOICE OF SKYHAWKS



ABARNA

"It's not about how much we lost. It's about how much we have left."



ABINAYA

"College life is a collection of happy memories"



ABISHEK

"Life is what happen to you while you're busy making other plans"



ALFENA FATHIMA

"If you look into the lorry, you get into the lorry"



AMRISH KANNA

"Design a life that doesn't require a vacation to escape from. Build for peace, not just for show."



ARAVIND

You're not responsible for your first thought-that's conditioning. You are responsible for your second thought and every action that follows



ARTHI

"Life becomes lighter when we let go."



AVINASHINI

"Little memories, endless happiness".



BHARATHI

"Today's moments are tomorrow's memories"



CHANDRAPRIYA

"Respect all, depend on none. Stay in your lane, level up quietly, and shine unapologetically."



CHARUMATHI

"Be so consistent in who you are that your absence still reflects your presence"



CYNTHIA

"If lost, please return to the canteen"



DARSHANA

"Did the bare minimum, still graduated"



DHARANI

"Life is a race, keep running"



DHARSHINI.A

"A picture is a moment that never fades".



DHARSHINI.D

உடைப்படுவதும்
உயிர்த்தெழுவதும் உன்
கரங்களிலே



DHINA ESWAR

"You just realized adulting is a scam."



DIVYA DHARSHINI

"From trembling hands to confident healing. When they ask, 'Are you the dentist?' -I smile and say, 'Yes, I am.'"



DIVYA PRIYA

"Life best lessons are learnt outside comfort zones"



EZHILARASAN

If you are reading this, I graduated!



GANAPATHI

"The greatest treasure isn't what you find at the end-it's who you become searching for it."



GAYATHRI.D

"People die but memories last forever"



GAYATHRI

"No one can win every battle, but no man should fall without a struggle"



GUNANITHI

Choose the path which no one chooses. Let everyone ask "why?". Live your life when everyone else survive.



HEMAHARINI

"Everything aligns when the time is right"



INDUMATHI

"Sacrifice more or desire less".



ISWARIYA

"the future belongs to those who believe in the beauty of their dreams"



JANANIE SHRI

"Life is silly sometimes, just laugh"



KANAGA DHARSHINI

"Don't wait for the perfect moment-create it"



KAVI BHARATHI

Work until you no longer have to introduce yourself to anyone



KAVITHAYINI

"Stars can't shine without darkness"



KAVIYA

"Own your story before it owns you"



KAVIYASRI

"You will face many defeats in life, but never let your self be defeated."



KOTHAI NACHIYAR

"Always be grateful for what you have".



KOUSHIKA SHRI

Happiness is not by chance, but by choice.



LEENA

"Change the world by being yourself"



LOKI

"Be grateful for everyone in your life-the ones who light your way and the ones who make you find your own light in the dark."



LOGESWARI

"Memories are the only wealth that lasts forever. Collect your moments and cherish it."



MAJEETHA BEGUM

"Life is very short nanba... Always be happy"



MANASA

"All the stars are closer"



MONIKA

"Your voice matters, even on the days it trembles."



MOUNICKA

"To be is to do"



MRITHIKA

"perseverance and consistency are the key to success"



NAFILA NAWRIN

"Do now. Panic later."



NAKSHATRA VARSHINE

"Wow! I'm glad that's over!"



NAVANITHITHA

Be a mirror, "Hard days are proof you're moving forward."



NESHMA

"The biggest adventure you can take is to live the life of your dreams."



NITHISH

"When nothing goes right, go LEFT."



NIVEDHA

"Long story short,
I survived"



PAVITHRA

"Every good thing will reach
you at the right time don't
lose the hope."



PONRAJ

"Aspire to inspire before
we expire"



POOJA

"Difficult roads leads to
beautiful destinations"



POONGUZHALI

"Grades measure memory
not potential."



PRASHANTHI

"Don't compare your
chapter 1 to someone
else's chapter 21 ."



PRAVEENA

"Let curiosity lead you and
consistency build you"



PRAVITHA

"Learn to manage your
space with time"



PRIYADHARSHINI

"Success is knowing your purpose in life, growing to reach your maximum potential, and sowing seeds that benefit others."



RAMILA

"Your thoughts become things"



RAVI RAAJAN

"Patience and persistence will take you further than rushing ever will"



SAKTHI

"If you cant confess,
Just confuse."



SAKTHIVEL

"Cherishing every moment"



SAMPATHRAJ

"Fall seven times,
Stand up eight".



SANDHIYA

"Every page tells a story
- make yours unforgettable."



SANGEETHA PRIYA

"Nothing is permanent
when you think its
permanent".



SANJAY SELVAN

"Life is difficult to climb
but the view is great".



SARATH SS

"Be the same person in the
spotlight and the shadows:
happy,genuine & yours"



SARANYA

"Dont watch the clock;
do what it does."



SARAVANA KUMAR

"Some graduate with
honors, I'm just honored
to graduate."



SATHYA JOTHI

"Certain experiences don't break
us - they shape us."



SEVANTHI

If it makes you happy... it's
not a waste of time .



SHAHANA THASLEEM

"Don't seek the spotlight; seek
the clarity. When you are transparent,
you reflect everything."



SHAM

"Hunt or be hunted"



SHANMUGAPRIYA

"Be the best of whatever you are."



SHARANI

"Life is really simple, but we insist on making it complicated"



SHIVANI

காற்றிலும் இசை உண்டு
கவனித்தால், மௌனத்திலும் ராகம்
உண்டு உணர்ந்தால்.



SHIVASINI RAJAN

"you have the power over the mind not on others"



SIVA ARTHI

"It always seems impossible until it's done."



SIVARAMAKRISHNAN

"Success is built on consistency, not luck."



SNEKA

"Contentment is freedom wearing a smile."



SOWMIYA

"Be yourself, because an original is worth than copy".



SRINATH

"Energy flows where intention goes".



SUBHASHINI

"you are your best thing".



SUJI

"you are your naysayers ."



SUKANT

"We didn't realize we were making memories, we just knew we were having fun."



S.SUSHMITHA

"A smile can start a peaceful day."



K.SUSMITHA

"Stay where your heart smiles"



UVASRY

"The tassel was worth the hassel"



VEDHA VARSHINI

"Trust yourself, act with purpose, and let good deeds find their way back to you."



VENKAT RAMAN

"You cannot Plough a field by turning it over in your mind. to begin, begin."



VIGNESH KIRTHIK

"For once,I choose the helm-not the wind."



VIJAYALAKSHMI RAJAN

"Life is not measured by what you achieve, but by what you overcome without losing yourself."



YUGHANILA

"சிலை உடைப்பட்டால் தான் உருவாக முடியும்."



SRIRAM

"Your future starts today not tomorrow"



KARTHIGA

"All's well that ends well"



SUMITHA

If it doesn't happen the way you wanted, it will happen in a better way than you have imagined " That's the beauty of God's plan.

சுனில்
Skyhawks

DEPARTMENT OF
ORAL MEDICINE AND RADIOLOGY



DEPARTMENT OF
PUBLIC HEALTH DENTISTRY



DEPARTMENT OF
PAEDIATRIC AND PREVENTIVE DENTISTRY



DEPARTMENT OF
ORTHODONTICS AND DENTOFACIAL ORTHOPAEDICS



DEPARTMENT OF
PERIODONTICS



DEPARTMENT OF
PROSTHODONTICS & CROWN AND BRIDGE



DEPARTMENT OF
CONSERVATIVE DENTISTRY AND ENDODONTICS



DEPARTMENT OF
ORAL PATHOLOGY AND MICROBIOLOGY



DEPARTMENT OF
ORAL AND MAXILLOFACIAL SURGERY

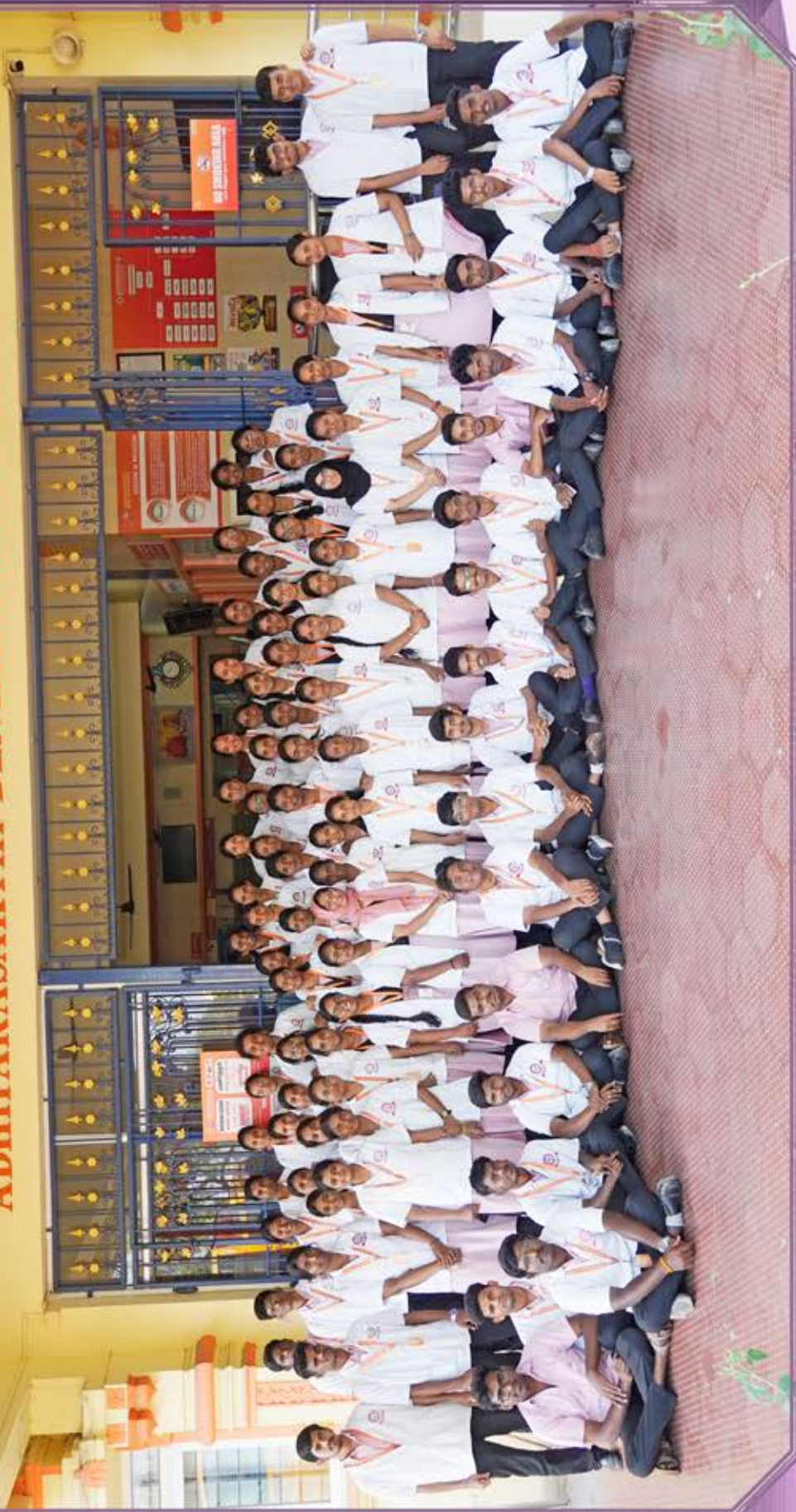


CELESTIANZ



RYZENTRONZ

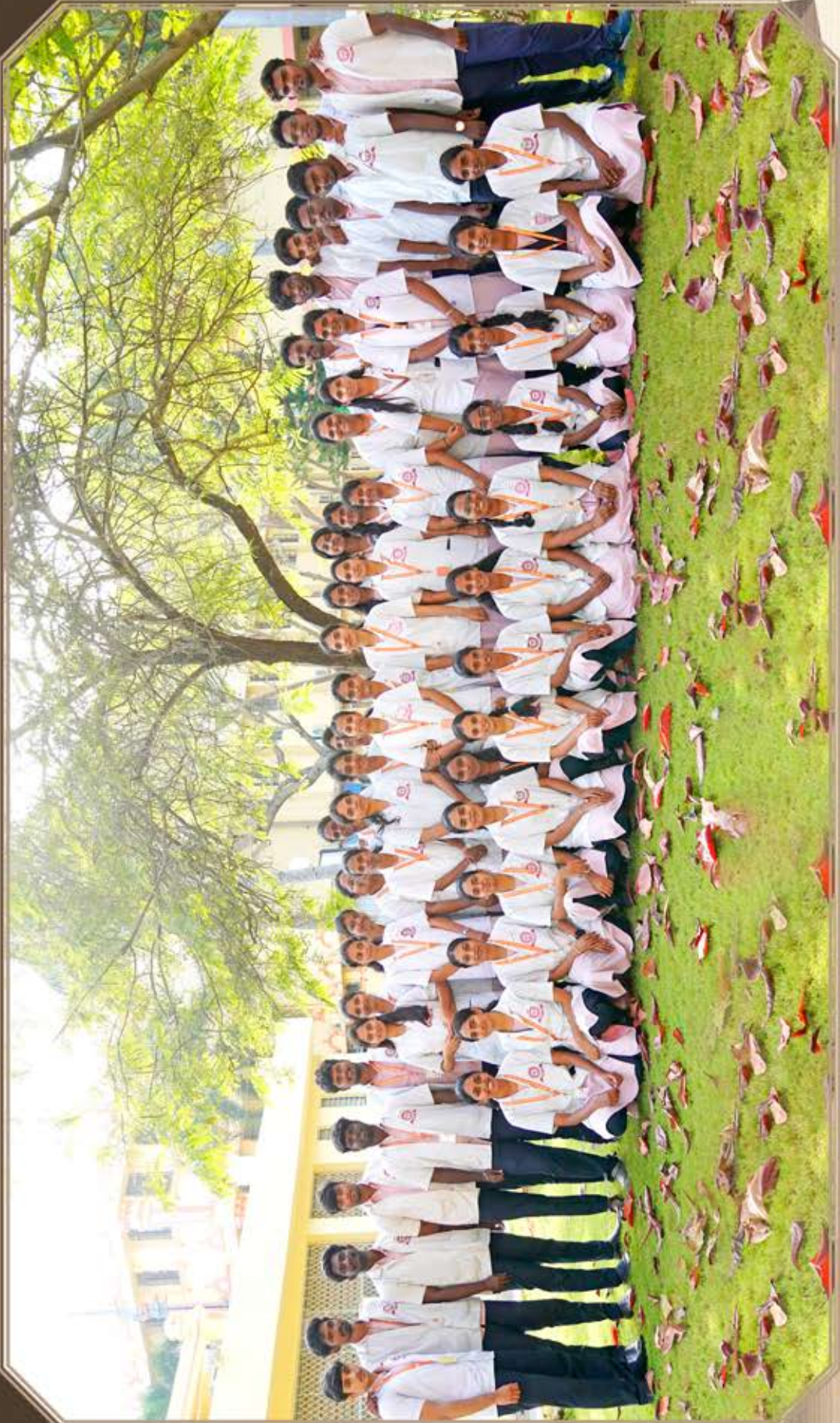
ADHIPARASAKTHI DENTAL COLLEGE & HOSPITAL



GRYFYNDORZ



MAVERICKS



SPARTANZ



SKYHAWKS



ADMINISTRATIVE STAFF



INFORMATION TECHNOLOGY STAFF



LIBRARY / PUBLIC RELATION DEPARTMENT



FRONT OFFICE STAFF (PATIENT CARE)



FEMALE NURSING ASSISTANT STAFF



BIO MEDICAL DENTAL EQUIPMENT MAINTENANCE



MEDICAL RECORDS DIVISION DEPARTMENT



STORES / INVENTORY DEPARTMENT



DENT XPRESS CLINIC



DENT MAGIC CAD CAM LAB



DIGITAL MARKETING



CAD CAM LAB - 2



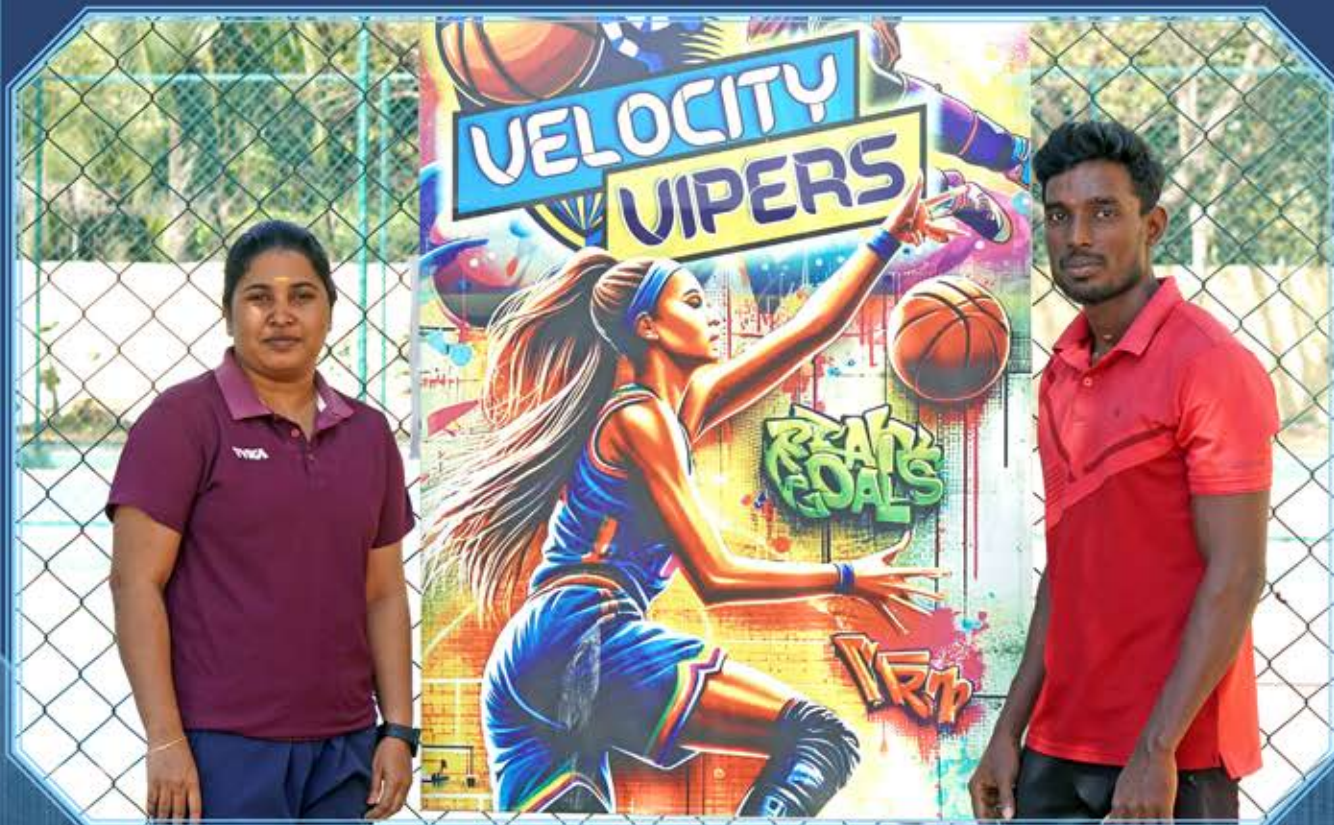
LAB - 3



HOUSE KEEPING



PHYSICAL EDUCATION



TRANSPORT



MAINTENANCE



HOSTEL



CENTRAL STORE



IN LOVING MEMORY

JOSEPH

WE DO NOT REMEMBER DAYS,
WE REMEMBER MOMENTS.

THANK YOU SIR

IV - BDS 2023-2024

ACADEMIC Achievements

OVERALL TOPPER

RANK	REG.NO.	MARKS	NAME
1 Rank	540020502065	1287/1600	Sampathraj J
2 Rank	540020502064	1286/1600	Sakthivel I
3 Rank	540020502040	1261/1600	Logeswari G

OVERALL PASS
PERCENTAGE
PASS %

98.92%

INDIVIDUAL DEPARTMENT PASS PERCENTAGE

SUBJECT	OMR	PEDO	ORTHO	PERIO	PROSTHO	ODS	OMFS	PHD
Total Number of Students	93	93	93	93	93	93	93	93
Number of Students Passed	92	92	92	92	92	92	92	92
Number of Students Failed	1	1	0	0	0	0	0	0
Absentees	0	0	1	1	1	1	1	1
Distinction	24	2	45	64	12	2	24	5
First Class	62	43	47	28	70	89	51	54
Pass %	98.92%	98.92%	98.92%	98.92%	98.92%	98.92%	98.92%	98.92%

SUBJECT WISE TOPPER

SUBJECT	REG.NO.	MARKS	NAME
Oral Medicine & Radiology	540020502040	178/200	Logeswari G
Paediatric & Preventive Dentistry	540020502042	162/200	Manasa E
Orthodontics & Dentofacial Orthopedics	540020502057	175/200	Praveena D
Periodontology	540020502013	179/200	Cynthia Miriam Alexander
Prosthodontics and Crown & Bridge	540020502072	164/200	Sathyajothi P
Conservative Dentistry & Endodontics	540020502057	154/200	Praveena D
Oral & Maxillofacial Surgery	540020502013	176/200	Cynthia Miriam Alexander
Public Health Dentistry	540020502064	172/200	Sakthivel I



III - BDS 2023-2024

ACADEMIC *Achievements*

OVERALL TOPPER

RANK	REG.NO.	MARKS	NAME
1 Rank	540021502022	471/600	Indhumathi N
2 Rank	540021502043	458/600	Mohana B
3 Rank	540021502006	448/600	Ashika V
3 Rank	540021502021	448/600	Harshavardhini M

OVERALL PASS
PERCENTAGE
PASS %

99.63%

INDIVIDUAL DEPARTMENT PASS PERCENTAGE

SUBJECT	GENMED	GENSGY	OPATH
Total Number of Students	90	90	90
Number of Students Passed	90	90	89
Number of Students Failed	0	0	1
Absentees	0	0	0
Distinction	5	4	16
First Class	81	86	69
Pass %	100%	100%	98.89%

SUBJECT WISE TOPPER

SUBJECT	REG.NO.	MARKS	NAME
General Medicine	540021502022	159/200	Indhumathi N
	540021502046	159/200	Nandhakumar T
General Surgery	540021502006	159/200	Ashika V
Oral Pathology and Oral Microbiology	540021502022	171/200	Indhumathi N

II - BDS 2023-2024

ACADEMIC *Achievements*

OVERALL TOPPER

RANK	REG.NO.	MARKS	NAME
1 Rank	540022502062	648/800	Thilo S
2 Rank	540022502019	639/800	Elamathy G K
3 Rank	540022502036	620/800	Mohanapriya D

OVERALL PASS
PERCENTAGE
PASS %

99.32%

INDIVIDUAL DEPARTMENT PASS PERCENTAGE

SUBJECT	PATH & MICRO	PHARMA	DM(PRO - ODS)	PRE-ODS	PRE-PROSTHO
Total Number of Students	59	59	59	59	59
Number of Students Passed	59	58	58	59	59
Number of Students Failed	0	1	1	0	0
Absentees	0	0	0	0	0
Distinction	18	48	9	1	5
First Class	39	10	44	56	31
Pass %	100%	98.31%	98.31%	100%	100%

SUBJECT WISE TOPPER

SUBJECT	REG.NO.	MARKS	NAME
General Pathology and Microbiology	540022502019	174/200	Elamathy G K
Pharmacology	540022502035	177/200	Mari Thirumalaikumar M
Dental Materials	540022502062	162/200	Thilo S
Preclinical in Conservative	540022502062	76/100	Thilo S
Preclinical in Prosthodontics	540022502044	83/100	Prithiyangadevi M

BATTLE OF KNOWLEDGE

I-BDS 2023-2024

OVERALL TOPPER

RANK	REG.NO.	MARKS	NAME
1 Rank	540023502011	488/600	Archana Devi A
2 Rank	540023502047	486/600	Keerthana S
3 Rank	540023502079	484/600	Sharanya Manoj Nair
3 Rank	540023502088	484/600	Sowmiya N V

ACADEMIC Achievements

OVERALL PASS
PERCENTAGE
PASS %

95.29%

INDIVIDUAL DEPARTMENT PASS PERCENTAGE

SUBJECT	GA	GH PHY & BIO	ORAL HISTOLOGY
Total Number of Students	99	99	99
Number of Students Passed	91	98	94
Number of Students Failed	8	1	5
Absentees	0	0	0
Distinction	25	39	5
First Class	51	59	74
Pass %	91.92%	98.99%	94.95%

SUBJECT WISE TOPPER

SUBJECT	REG.NO.	MARKS	NAME
General Anatomy	540023502066	176/200	Priyashalini K
General Human Physiology and Bio-Chemistry	540023502047	174/200	Keerthana S
Dental Anatomy Embryology and Oral Histology	540023502011	154/200	Archana Devi A



I - BDS 2023-2024

ACADEMIC *Achievements*

OVERALL TOPPER

RANK	REG.NO.	MARKS	NAME
1 Rank	540024502018	504/600	Gokul B
2 Rank	540024502076	478/600	Sarupriya R
3 Rank	540024502071	476/600	Roshini Devi M

OVERALL PASS
PERCENTAGE
PASS %

94%

INDIVIDUAL DEPARTMENT PASS PERCENTAGE

SUBJECT	GA	GH PHY & BIO	Oral Histology
Total Number of Students	100	100	100
Number of Students Passed	96	95	91
Number of Students Failed	4	5	9
Absentees	0	0	0
Distinction	43	24	4
First Class	41	69	78
Pass %	96%	95%	91%

SUBJECT WISE TOPPER

SUBJECT	REG.NO.	MARKS	NAME
General Anatomy	540024502018	183/200	Gokul B
General Human Physiology and Bio-Chemistry	540024502076	170/200	Sarupriya R
Dental Anatomy Embryology and Oral Histology	540024502018	157/200	Gokul B

I- YEAR

RANK	REG.NO.	MARKS	NAME
1 Rank	540020502065	491/600	Sampathraj J
2 Rank	540020502064	488/600	Sakthivel I
3 Rank	540020502043	485/600	Monika S

II- YEAR

RANK	REG.NO.	MARKS	NAME
1 Rank	540020502056	647/800	Prashanthi D
2 Rank	540020502065	636/800	Sampathraj J
3 Rank	540020502064	631/800	Sakthivel I

III- YEAR

RANK	REG.NO.	MARKS	NAME
1 Rank	540020502064	457/600	Sakthivel I
2 Rank	540020502013	454/600	Cynthia Miriam Alexander
2 Rank	540020502040	454/600	Logeswari G
3 Rank	540020502077	448/600	Sharani H J

IV- YEAR

RANK	REG.NO.	MARKS	NAME
1 Rank	540020502065	1287/1600	Sampathraj J
2 Rank	540020502064	1286/1600	Sakthivel I
3 Rank	540020502040	1261/1600	Logeswari G

SUBJECT WISE TOPPER

SUBJECT	REG.NO.	MARKS	NAME
General Anatomy Including Embryology and Histology	540020502064	174/200	Sakthivel I
General Human Physiology and Bio-Chemistry	540020502065	175/200	Sampathraj J
Dental Anatomy Embryology and Oral Histology	540020502082	174/200	Sneka S
General Pathology and Microbiology	540020502065	167/200	Sampathraj J
Pharmacology	540020502072	175/200	Sathyajothi P
Dental Materials	540020502083	163/200	Sowmiya S
Preclinical in Conservative	540020502044	80/100	Mounicka S
Preclinical in Prosthodontics	540020502023	85/100	Gayathri D
General Medicine	540020502057	158/200	Praveena D
General Surgery	540020502066	154/200	Sandhiya C
Oral Pathology and Oral Microbiology	540020502013	165/200	Cynthia Miriam Alexander
	540020502040	165/200	Logeswari G
Oral Medicine & Radiology	540020502040	178/200	Logeswari G
Paediatric & Preventive Dentistry	540020502042	162/200	Manasa E
Orthodontics & Dentofacial Orthopedics	540020502057	175/200	Praveena D
Periodontology	540020502013	179/200	Cynthia Miriam Alexander
Prosthodontics and Crown & Bridge	540020502072	164/200	Sathyajothi P
Conservative Dentistry & Endodontics	540020502057	154/200	Praveena D
Oral & Maxillofacial Surgery	540020502013	176/200	Cynthia Miriam Alexander
Public Health Dentistry	540020502064	172/200	Sakthivel I

CARICATURE CHRONICLES



என்னப்பா...
என்கிட்ட
எதும்கொக்காதிங்க.
சீங்கலே
பாத்துக்கொங்க













முன் முடிவு
பண்ணுறது இல்ல,
எல்லாச் சுவங்க
சொல்றதுதான்.

என்னடி exam ku
ஏன் இப்படி முடி
உளர்த்திட்டு உருவீங்க?



Freey ah
இருக்கயா? உனக்கு
ஒரு உணவை தரேன்.









SKYHAWKS MOMENTS















SKYHAWKS UTSAV













Sakthi Utsav 2K25

RISE AND SHINE
THE SKYHAWKS



WE DON'T JUST FLY,
WE CROWN SUCCESS



irivista
2026

SKYHAWKS TALENT





SKHAWKS PONGAL





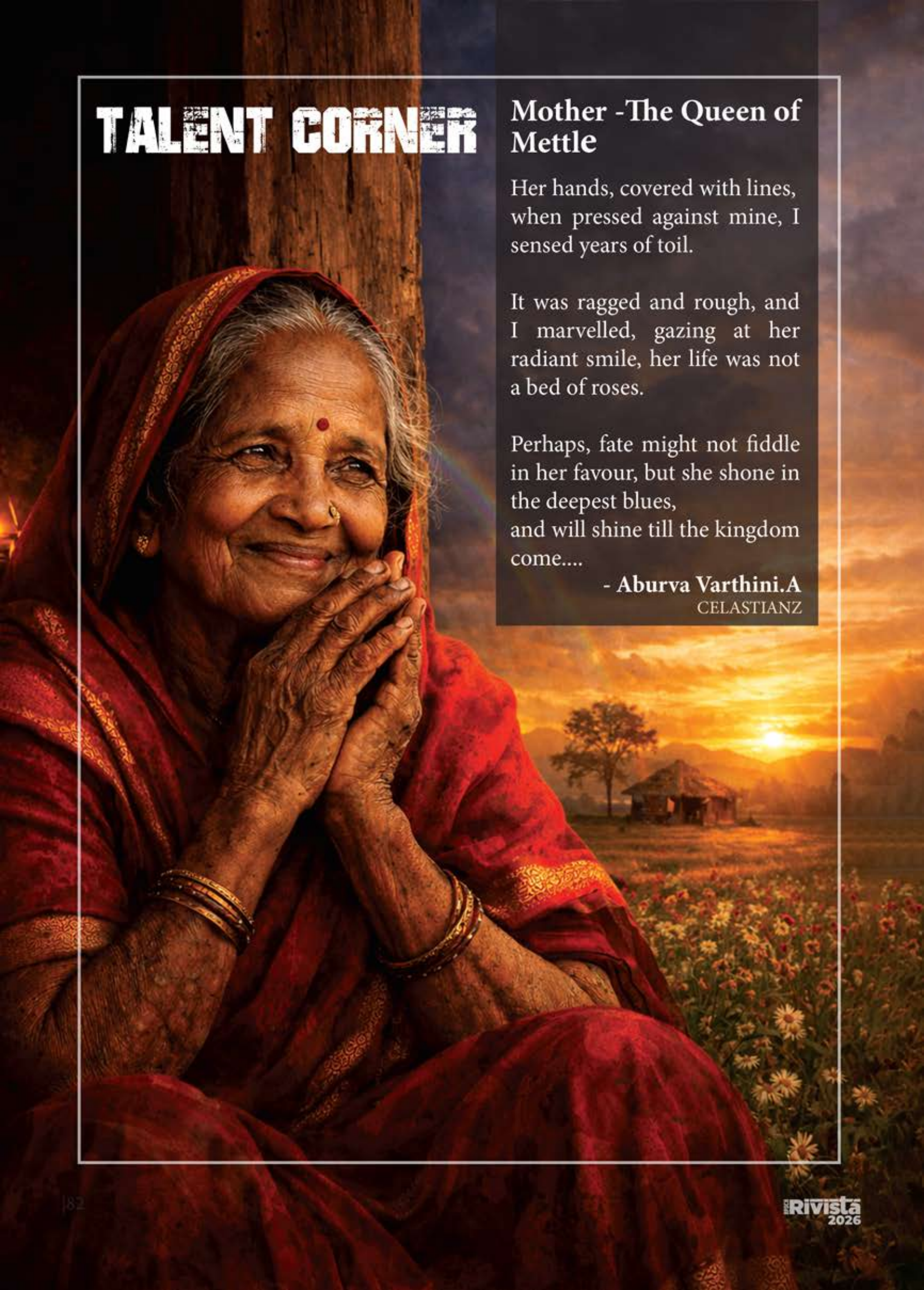


QUEEN'S DAY





TALENT CORNER



Mother -The Queen of Mettle

Her hands, covered with lines,
when pressed against mine, I
sensed years of toil.

It was ragged and rough, and
I marvelled, gazing at her
radiant smile, her life was not
a bed of roses.

Perhaps, fate might not fiddle
in her favour, but she shone in
the deepest blues,
and will shine till the kingdom
come....

- Aburva Varthini.A
CELASTIANZ

MY QUIET BESTIE

In a world that screams with constant noise, I
seek the stillness to find my joys.
The ringing phones and endless chatter... I want
these sounds just to shatter,

"Stay in our hands" my parents say, trying to
guide my way.
They scold and talk, they push and pull, until
my mind is stressful and full.

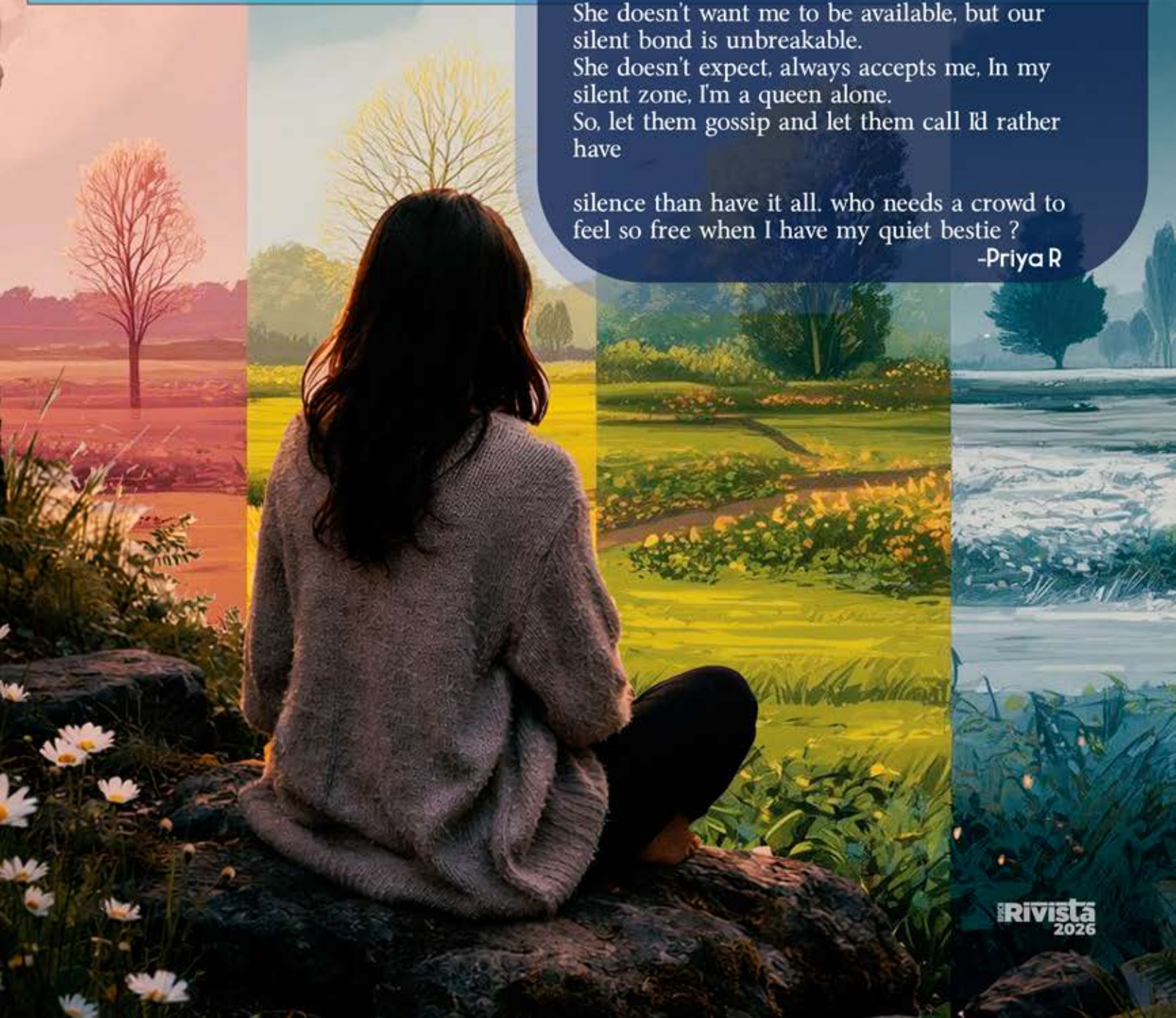
So, I went to the one who stays by my side, A
friend in whom I can always confide.
My dear solitude - the one who can't talk, who
joins me on my silent walk.

No annoying songs, no voices that ring, my
bestie doesn't say a thing.
She doesn't judge, doesn't shout,
she's the only friend; I can't live without.

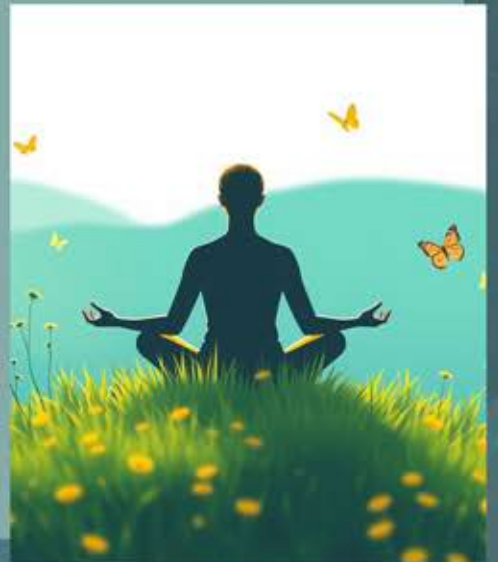
She doesn't want me to be available, but our
silent bond is unbreakable.
She doesn't expect, always accepts me, In my
silent zone, I'm a queen alone.
So, let them gossip and let them call I'd rather
have

silence than have it all, who needs a crowd to
feel so free when I have my quiet bestie ?

-Priya R



SCALPEL IS MY MEDITATION.



Calm hands.
Steady mind.

Each cut a focus.
Each suture a prayer.

I enter rooms
where light is sharp, and
lives
balance on my choices.

The world sees white coats,
skill, precision, control.
They do not see
the heartbeat beneath.

Silence teaches patience.

Precision teaches humility.
Mistakes teach courage.
Recovery teaches hope.

Scalpel is my meditation. I
breathe with rhythm, with
pulse,
with time.

Responsibility rests in my
hands.
Fragile, deliberate, unwav-
ering. Some nights, doubt
whispers.
Some mornings, triumph
speaks. Between fear and
faith,

I keep becoming.

This coat may hide my
weight, but not my resolve.

This heart may tire,
but it beats to heal,
to save, to serve

Kousi Sundaramoorthy
(Ryzentronz)



AT THE END OF THE DAY!

As the sun fades and moon grades, The laugh shades
and heart aches.

As the light vanishes and dark lavishes, The peace
tarnishes and pain establishes, As the day ends and
night begins,

The past kills and future thrills.

As the pain radiates and fear frustrates, The pen writes
and paper cries.

As diary dates and daisy date,

The end of the day is the beginning of another.

Let the laugh shade and heart ache,

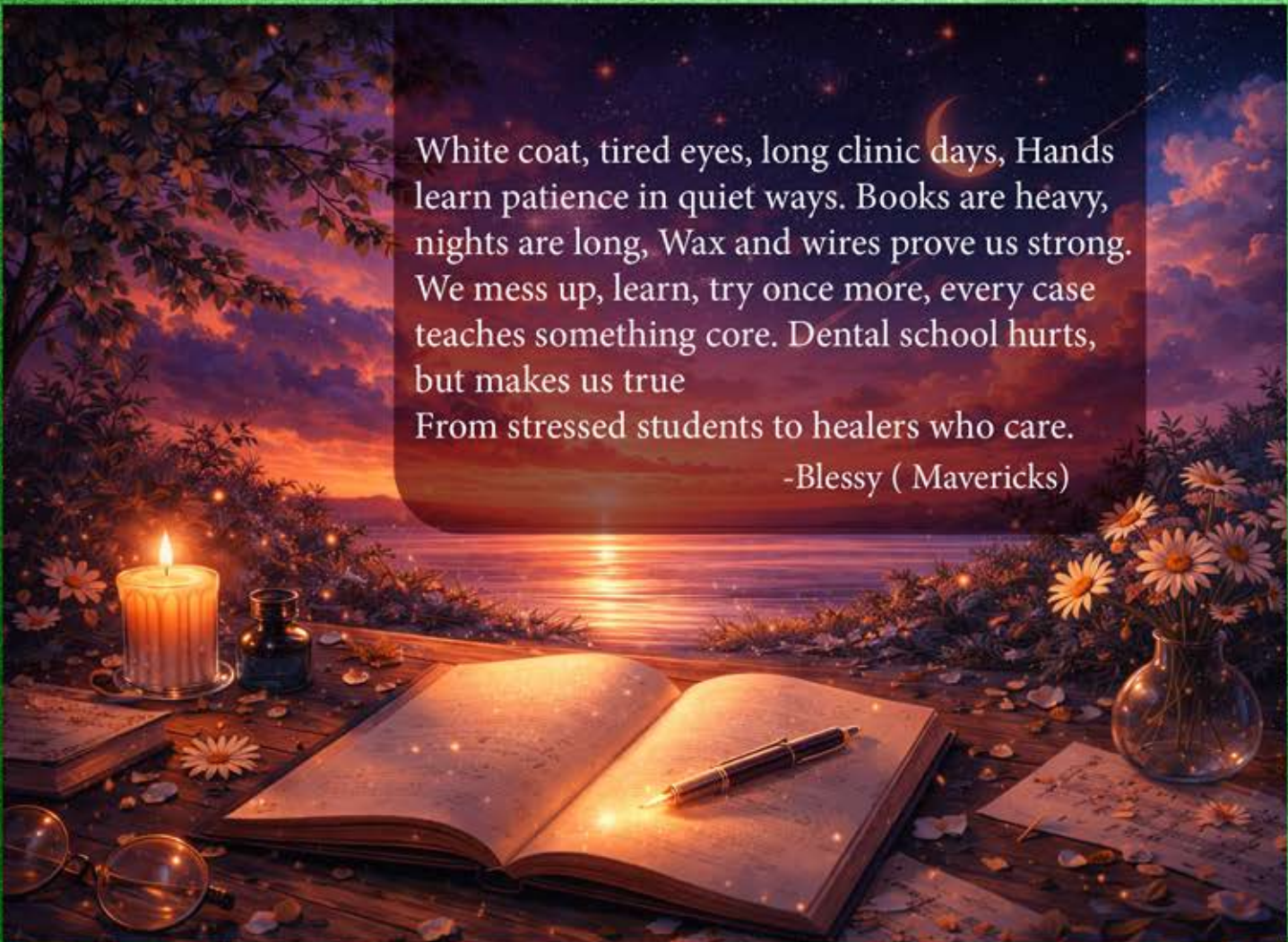
Let the peace tarnish and pain establish, Let the past
kill and future thrill,

Let the pen write and paper cry,

Let it all happen, but live the moment, love the present.

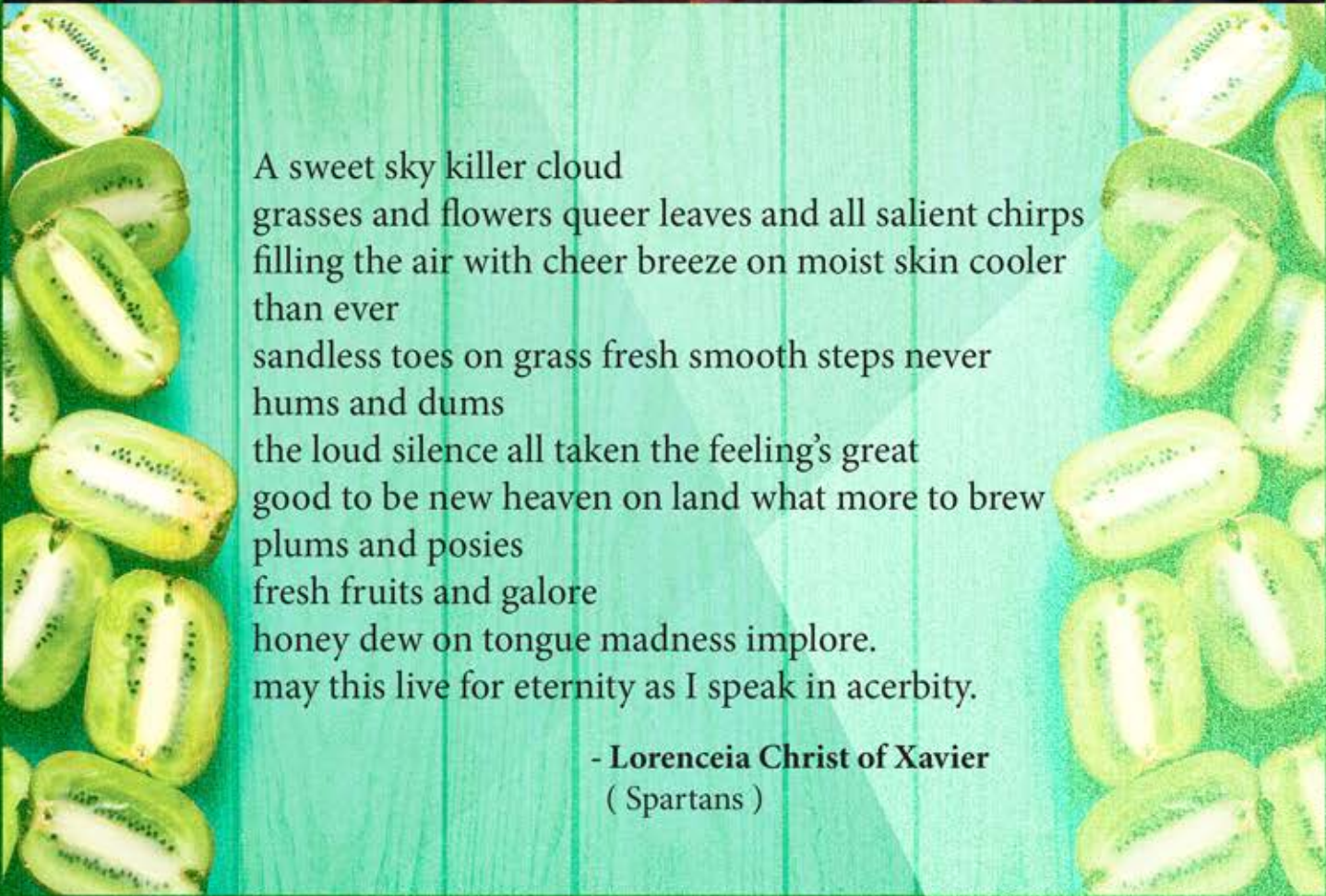
Because, the end of the day is beginning of another.

-Divitha (Ryzentronz)



White coat, tired eyes, long clinic days, Hands
learn patience in quiet ways. Books are heavy,
nights are long, Wax and wires prove us strong.
We mess up, learn, try once more, every case
teaches something core. Dental school hurts,
but makes us true
From stressed students to healers who care.

-Blessy (Mavericks)



A sweet sky killer cloud
grasses and flowers queer leaves and all salient chirps
filling the air with cheer breeze on moist skin cooler
than ever
sandless toes on grass fresh smooth steps never
hums and dums
the loud silence all taken the feeling's great
good to be new heaven on land what more to brew
plums and posies
fresh fruits and galore
honey dew on tongue madness implore.
may this live for eternity as I speak in acerbity.

- Lorenceia Christ of Xavier
(Spartans)

The truth is you cannot keep certain chapters in your life. Some days, the Weight of life feels unbearable. Responsibilities pile up, expectations feel Overwhelming and no matter how hard you try, it never seems to be enough Without pain and struggle you wouldn't have to experience the wrong in Order to learn how to recognise the right. Sometimes ,you have to be alone, You have to lead yourself. Sometimes, you have to lose all that you hoped For yourself, all that thought you wanted, in order to un-earth all you truly Need, for the right things to unfold. Maybe life was always meant to be lived in smaller pieces. Not in decades, Not in years, not in month, but in days, one at a time. Maybe you don't need To query about how you'll survive the next 10 years. Maybe you just need to Focus on surviving this one day. Get through the morning, get through the Afternoon, get through the night. When tomorrow come, you face it the Same way, step by step, moment by moment. That's how the life becomes Bearable. The beautiful thing is, when you live this, the picture slowly forms On its own. You don't have to see the whole map. Each step you take builds The path beneath you, each day you survive becomes prt of the strong You're writing . Life doesn't demand that you figure it out. It only asks that you keep Walking and maybe that's, enough...

-SOWMYAA SIRI G E

IT'S OKAY NOT TO BE OK



LIFE AS A JOURNEY OF CHOICES AND GROWTH

Let's consider our life as a book ,
definitely ourself will be the hero , the
people we meet are the
Other characters , the events that happen
becomes a lesson and gives a perfect
chapter. Each and
Everyday adds up a new part of it.
Nothing is planned beforehand , it's us
and the decision we make
Gets to continue the story...Just think
what makes something special, if it's not
common as others ;
So it's in our hands to make our story
special, think and decide things wisely...
Hence we need to move as the river
flows...Ever thought why don't the river
reverse its direction? It
Has a destination to reach, the large
ocean...Like that we too dream big but
to achieve that we have
To set the path and sail the ship without
a thought of setting back to get achieve
better...Everything in
Our life happens for a reason , if there's a
bad day surely there will be much good
days awaiting the
Next...If something happens against our
wish it's general that we do feel for it, but
we must have the
Thing of coming back again with the
same will after accepting it...
We do move and travel many places it's
not

Happy environment...It's just all about
how we do mingle with the people around
us. May all do not
Match our we usually say as the vibe,
everyone have their own way of
thoughts...So respect
Everyone and expect from only those who
you are close enough , better don't expect
to be satisfied
With anything...
It's human nature that we do mistakes,
everything's fine until the mistake hurts
the other person...To
Correct that we have that magical five
letter word "Sorry", actually the word is
easy to say but we
Hesitate to say so which lands us in
trouble...So, to excuse ourselves of our
mistakes we must take
The initiative and apologize disregarding
our egotistical pride...
In a nutshell , it is not our abilities that
make us who we are , rather it is our
choices that determine
Who we are and who we will be. It is upto
us whether we choose to persevere and
overcome our
Adversities and redeem ourselves or to
laze around whilst evading the problems
we face which
Would only give us a short ambience and
no particular gains

-JEISHITH JJ

HIMALAYAN HIGH :KUFRI'S WINTER WHISPERS

Every 15 year old dreams of getting their own phone or a bicycle unlike me who always Dreamt of setting foot on a snowcapped mountain.It's the 2018 that I'm talking about , I Was brought up in a very orthodox household where books were much higher in hierarchy Than TVs ! High-school english chapters were my Bedtime stories as my mom was a Highschool teacher so I started reading books of authors such as Ruskin Bond,Roald Dahl,William wordsworth,Robert Frost, Mark Twain ... One such very simple yet my Absolute favourite book is the "Cherry tree" ! Also some sweet pieces like " Stopping by Woods on a snowy evening" , "Dust of Snow" & many more ! My snowy hill obsession began There.

Very fortunate enough , I had the opportunity to visit THE HIMALAYAS when I was only 15 Yrs old! We flew from coimbatore to New Delhi and spent around 4 days exploring Karol Bagh,Chandni chowk,Agra (Taj Mahal),Holy streets of Madhura,river Yamuna and Ganga. We

Booked a local cab from Delhi to Shimla. We passed through haryana,Chandigarh (Rock Garden and Rose garden) ,punjab etc I tasted the world's best bread ,the "Amristari roti" on This roadtrip ! I was hoping to experience snowfall as we approached the himachal pradesh

But there was no trace of Snow. Finally on december 24tWe reached ShimlaWe reached Shimla in the evening and spent the golden hour wandering in the Mall Road

Buying trinkets. Mall Road, Shimla, aglow like a frost-kipped dream, laughter and lights

Wading through pine-scented snowflakes. Christmas magic draped the promenade,

Whispers of joy echoing off Himalayan peaks.

Had delicious local food for dinner and hot Black tea to call it a day.Our resort room was three floors below the road level because of

The unique landscape and mountain pattern. The view from our 3 glass sided room was

Magical.We started off to a Himalayan village named "Kufri".It was on the way to kufri that We spotted a mountain peak that was SNOW-CAPPED ! We travelled through the foresty And frosty mountain on top of a horse.The horse found the most scenic route to the "Mahasu Peak". I had my first snow experience as I set foot on a velvety smooth snow Capped mountain . Kufri really felt like "Sukoon" ~ The ultimate heaven on earth .I dressed

Up like a himalayan localite and took pictures with wild Yak ,mountain Bunnies and tasted The most epic "Mountain Maggi" . Made snowballs and played with my siblings like in a Bollywood movie . We took a family picture in the snow ~ "Picture to be framed " ! One of The bhaiyas who accompanied us showed us the Everest peak,China border and a Shooting house through his telescope. I got on an zipline adventure that took me from top Of one hill to another hill's peak! Felt like a bird taking its first flight ! While everyone talked About the views, I enjoyed sitting on the saddle of horse a lot more than walking on the Snow ! It was all magical until it was dark and was time to descend from the Mahasu Peak.

The ultimate adventure began there when I came to know that the guide bhaiyas won't be Accompanying us downhill. I sat on top of the wild horse holding my breath for a very Uncertain ride ...It started off smooth but as dusk approached the ride turned wild . The Horses chose the path unseen by man and took a short-cut downhill. The ropes of different Horses got tangled and within a fraction of seconds the tourists started screaming out of Fear and the screams further worsened the situation by scaring the horses.God knows how I returned safely downhill amidst all the chaos! That day was quite magical ! I sat down on a cozy sofa overlooking the snowy mountains

Travelogue by : **Devika.N**
(BDS 3rd year-Gryffindorz)

For years, my hands knew only one position—folded tightly on the desk.

They worked quietly, faithfully, holding pens and turning pages, but they never rose. Not even

When I knew the answer.

The classroom rewarded loud confidence. Voices rushed ahead of thoughts, and I sat prepared

Yet unseen. I believed effort would speak for itself. I believed silence would be noticed.

It wasn't.

Each question triggered a battle inside me. My heart answered first, my mind followed, and fear

Won. What if I'm wrong? What if my voice shakes? So I stayed quiet-safe, invisible.

At home, I spoke freely. To empty rooms. To mirrors. My notebook knew my potential even if

The classroom didn't.

Then came that ordinary day with an ordinary question.

Something inside me was tired-of knowing and not saying, of shrinking to fit others' comfort.

The question was asked.

I knew the answer.

My hand felt heavy, unfamiliar, but it rose.

THE DAY I RAISED MY HAND

Slowly.

Honestly.

The room didn't change.

But I did.

My voice trembled, yet it held. I wasn't perfect, but I was real. No laughter followed—only

Understanding.

That day, I learned something no textbook taught me: confidence isn't the absence of fear; it's

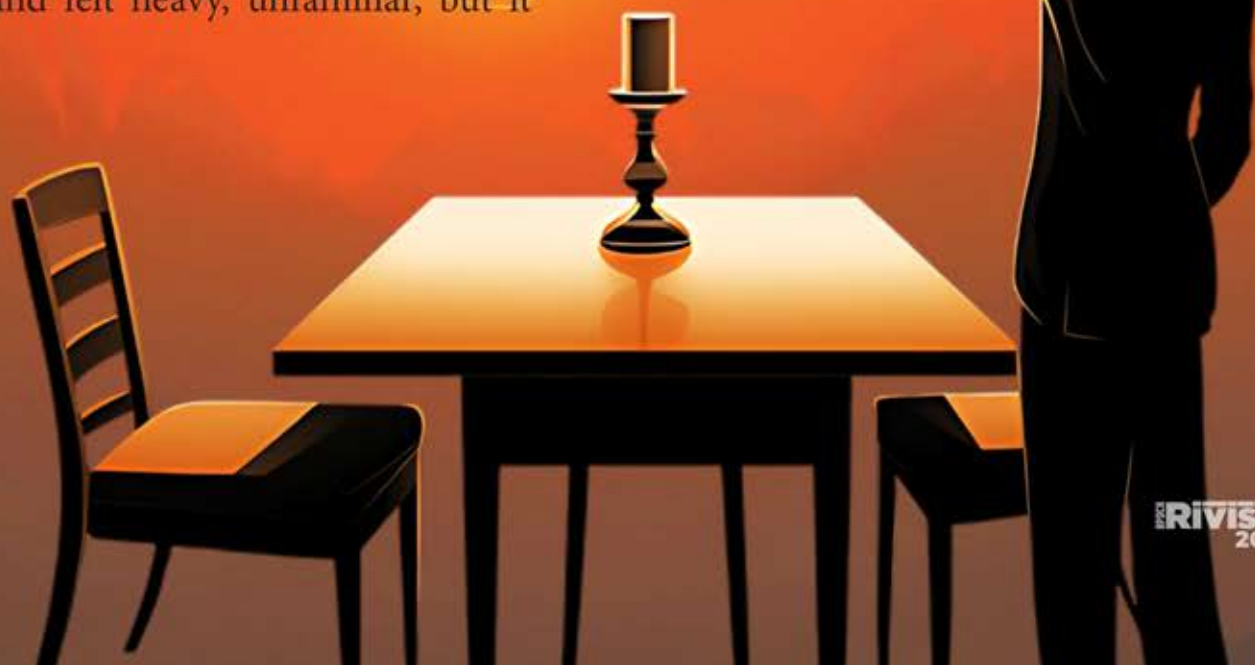
The courage to act despite it.

Raising my hand didn't change my rank or make me the loudest voice.

It simply made me visible-to myself.

The day I raised my hand,
I didn't just answer a question.

-Kousi Sundaramoorthy
(Ryzentronz)



நீழலாய் நின்ற தோழி!

உதவி என அறிமுகமாகி - இன்று உயிர்த்
தோழியாய் நிற்கிறாய்!
யாரும் என்னை புரிந்துகொள்ளாதபோது
-என் மௌனத்தை புரிந்தவள் நீயே!
தேர்வில் தடுமாறிய போது, 'உன்னால்
முடியும்' என - என் நம்பிக்கைக்கு உயிர்
கொடுத்தவள் நீயே! தோல்வியில் தோள்
கொடுத்தாய்.
வெற்றியில் என்னுடன் துள்ளிக்குதித்தாய்!
உணவு உண்ண மறந்த வேளையில்,
தாயின் கோபத்தோடு அதட்டி ஊட்டினாய்!
ஆயிரம் உறவுகள் உலகினில் இருக்கலாம்.
ஆனால்...
தடம் மாறும்போது தடுத்தும் தளர்ந்து
போகையில் தாங்கியும் - இன்று ஏன்
நீழலாய் நிற்கும், நீயே எனக்குக் கிடைத்த
உன்னதப் பரிசு!!!



பசுமையின் அருமை புரிந்து,
வறுமையின் நிலைமை
அறிந்து, இளமையின்
தனித்திறமையால்,
செழுமை அடைகிறது
வேளாண்மை.

-சந்தியா



இளைஞர்களை விழியுங்கள்

எங்கே? எங்கே எதிர்காலம்?
இளைய தலைமுறையே விழி:
ஒளவை மாட்டும், வெள்ளைச் சொல்லும்
மறந்ததோ?
மாநதி அழைத்ததும், அவன் தாசன் புகழ்ந்ததும்
எங்கே சென்றதோ?
வினோகாநந்தன் நம்பிக்கை, கலாபிள் கரைவு
மறைந்து போனதோ?
போதும் உறக்கம் உறக்க விழியுங்கள்!
கீழே மார்த்தும் மார்தாவம் செல்லாமல்,
வாளைப்பார்த்து முன்னே உயர்வோம்
அனைவரின் மனமும் எங்கே உள்வந்து அங்கே!
கேட்க இயந்திரம் இருக்கும் செவியில் ஓலம் என்று
கேட்டிருமோ?
மிறமின் உறையில் இருந்தது போதும். எதிர்காலம்
அமைத்திடலாகும்! புவியே கையில் இருந்தால்
கூட திரைப்படத்தில் அடைந்தது போதும்! இருட்டில்
வெளிச்சம் தோகம் தருமே. குரிய வெளிச்சத்தில்
தாக்கம் மாடி, மனமென்றும் இருட்டறையில் தீயம்
என்று!
மிறரை மார்த்து விபந்தது போதும், மிறர் விபக்க
மாறிவிடு
மிறர் வீட்டில் உழைத்தது போதும், உன் வீட்டை
மாறிகையாக்கிவிடு
திங்கள் குளிர்ச்சி சாதனையில்லை, வெளியே
வந்து ஆடும் மாடு!
திரையின் முன்னே அடங்காமல், புத்தக அறிவை
ஆள்வாயே!
உடைமச் சிறையில் இருக்கின்றாய், மக்கள்
அன்மை பெற்றிட வர! வர!
எதிர்கால மாநதம் நீயே, உறக்கம் போதும்
விழித்தெழுவாயே!

**எங்கே ? எங்கே எதிர்காலம்?
இளைஞர் கையில் இருக்கின்றதே!!!**

-ச.விஷேஷ் குமார்

ज़िन्दगी की अनकही बातें

ज़िन्दगी है तेज़ बहाव, कुछ बातें हैं चट्टान-सी,
घटना हो ठोस या खास, मन में न रहे उदासी।

जीवन के हर मोड़ पर दबाव में होगा बढाव,
हालांकि तनाव से आगे बढ़कर करना है चढ़ाव।

कुछ ख्वाबें अधूरी सी, कुछ ख्वाइशें अनहोनी,
यत्न की कलम से लिखना है खुद की कहानी।

आंसूओं को पोंछना है आत्मबल के आंचल से,
टूट कर भी खड़ा होना है खुद की हीममत से।

मंजिल तक पहुंच वही, जो न रुके, न थके,
हर हार को जीत में बदले, फिरभी सर हो झुके।

- स.विशेष कुमार

मानव जीवनम्

नवः अस्य संसारस्य प्राणिषु सर्वोत्तमः प्राणी अस्ति। अस्य जीवनस्य प्रतिफलं महत्वपूर्णम्
ते। यदि मानवसमयस्य एकस्यापि फलस्य आपव्ययः भवति, तदा तस्य मानवस्य तु
1: एव, संपूर्णमानवतायाः अपि हासो भवति। विश्वे प्रकृत्यां संपूर्ण कार्यजातं
मितसमये भवति। यदि तस्मादपि कारणात्, समये वृष्टिः न भवति तदा क्षेत्रं शुष्यति,
स्य उत्पादनम् एव न भवति। मानवस्य कृते अन्नं विना जीवनं अपि कठिनं भवति तथैव
पकाले यदि छात्रः न पठति तदा सः समस्ते जीवने पश्चात्तापं करोति। समयस्य निजं
त्वम् अस्ति। समयः तस्य जनस्य एव कार्येषु सहभागितां करोति यः समयस्य सदुपयोगं
ति। जीवनस्य साफल्यं समये एव कार्यकरणे वर्तते। समयः कस्यापि कदापि प्रतीक्षां न
ति। अतः मानवैः यदा समयस्य सदुपयोगः करणीयः।।

- स.विशेष कुमार



அம்மா

அவள் அகிம்சைபின் அம்சமல்ல வன்முறையின்
வழிகாட்டி!
வயிற்றின் குருக்கு வெட்டில் முதல் குழந்தையும,
நெடுக்கு வெட்டில் கிரண்டாவது குழந்தையும,
பெற்றெடுத்தவளள்ள, வலியை வென்றெடுத்தவள்
சுகப்பிரசவம் தான் என்று புன்னகையுடன்,
சொல்பவருக்கு! எப்படி தெரியும்?
பெயரில் மட்டுமே சுகம் வலியில் இல்லையென்பது!

ஆறுதல் தேடி அலைந்து
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கொண்டேன் தனிமையே
போதும் என்று..

-சௌமியா R
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நீ திரும்பிய அந்த மௌனம்.....

ஒரு காலம் நாம் காதலாக இருந்தோம்... அன்று எடுத்த
இடைவெளி இன்று ஒரு வாழ்க்கையாக மாறியது.
நேரம் மாறின. நிலைகள் மாறின..
என்னை மறக்க நீ மௌனமாகினாய்... உன்
நினைவுகளிலிருந்து நீ தப்பிக்க முயன்றாய்.
ஆனால் நீ திரும்பிய அந்த ஒரு கனம் என் உலகம்
மீண்டும் திறந்தது. கண்ணீருடன் சிரித்தேன், இதயம்
வேகமாக துடித்தது. கைகள் நடுங்கின.. அந்த இரவு
முடிவில்லாமல் நீண்டது 'கடந்து செல்' என்றாய் ஆனால்
என் மனம் ஒரு அடியும் நகரவில்லை.
உன் உள்ளத்தில் என் காதல் இன்னும் இருக்கிறது,
அதை ஒப்புக்கொள்ள உனக்கு பயமும் இருக்கிறது..
மீண்டும் காயப்படுவோமா என்ற பயம், நான் உனக்காக
இருக்கிறேன்... எப்பொழுதும். உன் கைகளைப் பிடிக்க,
உன் சுமைகளை சுமக்க. ஒருமுறை என் அணைப்பில்
வா... மீதியை காதலும் காலமும் பார்த்துக்கொள்ளட்டும்.

-அல்ஜப்பல் ஜே (மேவரிக்ஸ்)

கீழாடி

தமிழர்களின்
மகத்தான பெருமை!

Keezhadi is an important archaeological site located near Madurai in Tamil Nadu, India. Excavations carried out by the Archaeological Survey of India (ASI) and the Tamil Nadu State Department of Archaeology revealed evidence of an advanced ancient Tamil civilization that existed more than 2,600 years ago.

The discoveries at Keezhadi include brick structures, pottery, Tamil-Brahmi inscriptions, beads, ornaments, spinning tools, and drainage systems, which show that the people of that time lived in a well-planned urban settlement.

Findings prove that the ancient Tamils had knowledge of writing, trade, craftsmanship, and organized city life.

Carbon dating studies suggest that the Keezhadi civilization dates back to around the 6th century BCE, making it one of the earliest known urban cultures in South India.

Keezhadi research highlights the rich heritage, culture, literacy, and technological knowledge of ancient Tamils, bringing global attention to the deep historical roots of Tamil civilization.

Ponraj - CRI

Rivista
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Fascinating Facts About DENTISTRY!

Exploring the Amazing World of Teeth & Smiles

History of Dentistry



- The **earliest dental work** dates back **7000 years** to the Indus Valley Civilization.
- **Ancient Egyptians** used tooth powder made from eggshells & pumice.

Did You Know?

- Tooth enamel is the **HARDEST** substance in the human body, even stronger than bone!
- No two people have **SAME set of teeth**, just like **fingerprints**!



Amazing Numbers

- Over **700 species of bacteria** live in the human mouth.



- The average person spends **38 days** of their life brushing their teeth.



Smile Facts

- We produce about **25,000 quarts of saliva** in a lifetime—enough to fill **two swimming pools**!



- **80%** of dental problems can be prevented by brushing & flossing.



Dental Wisdom

- “**Dentist**” comes from the French word “**dent**,” meaning tooth.
- Teeth **cannot** heal themselves like **bones**—they can’t regenerate!
- **Pierre Fauchard** is known as the “**Father of Modern Dentistry**.”



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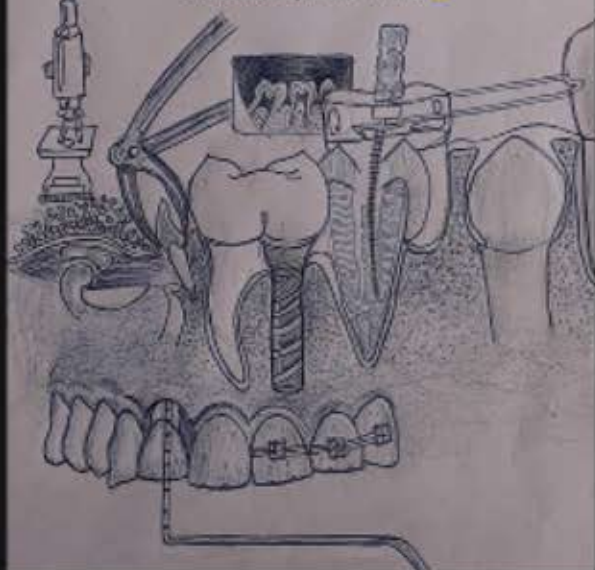


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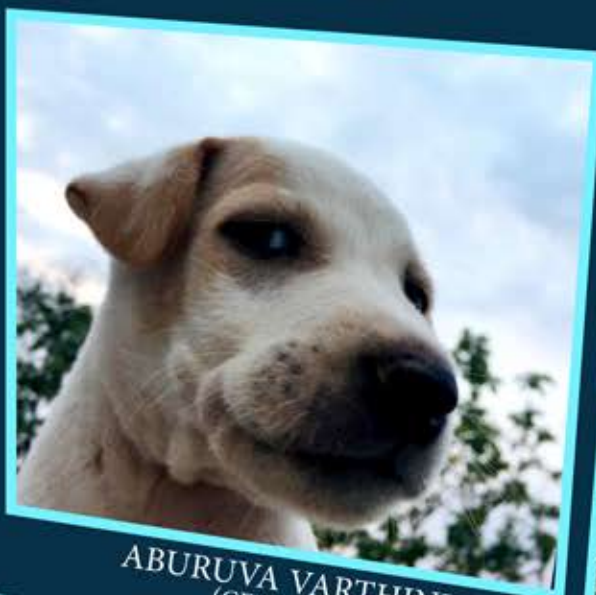
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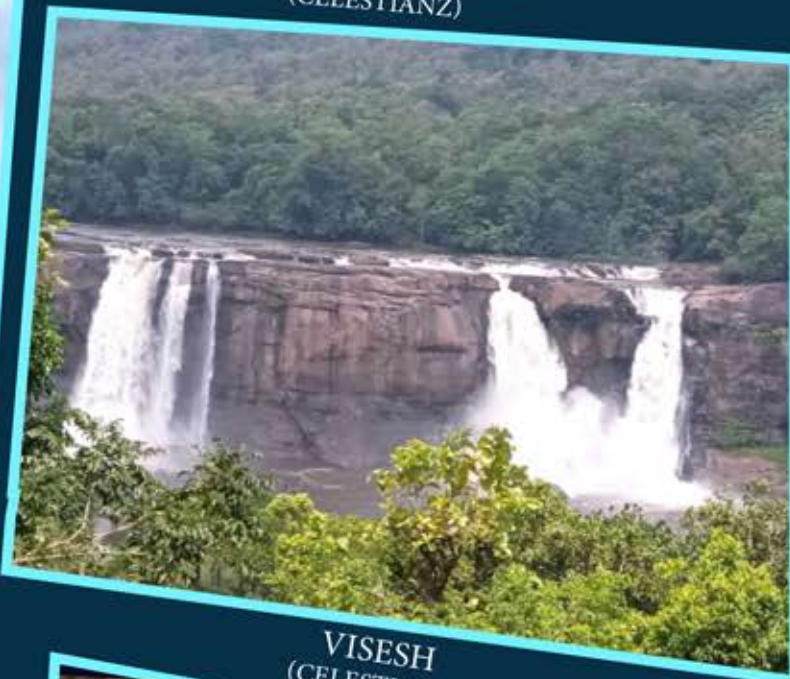
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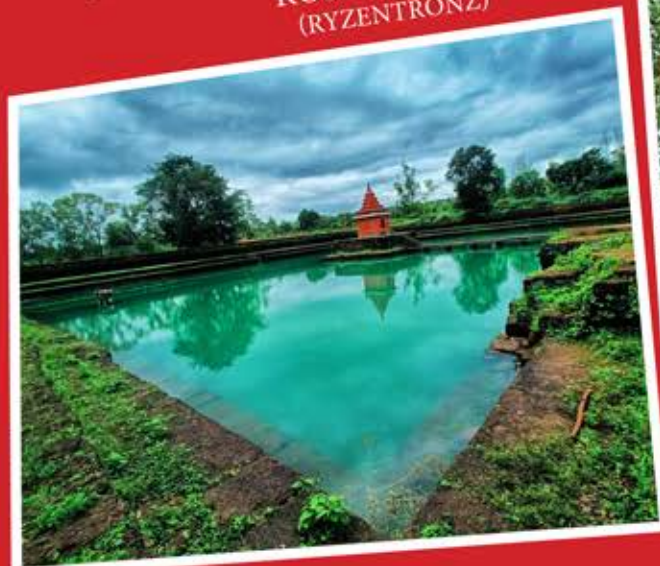
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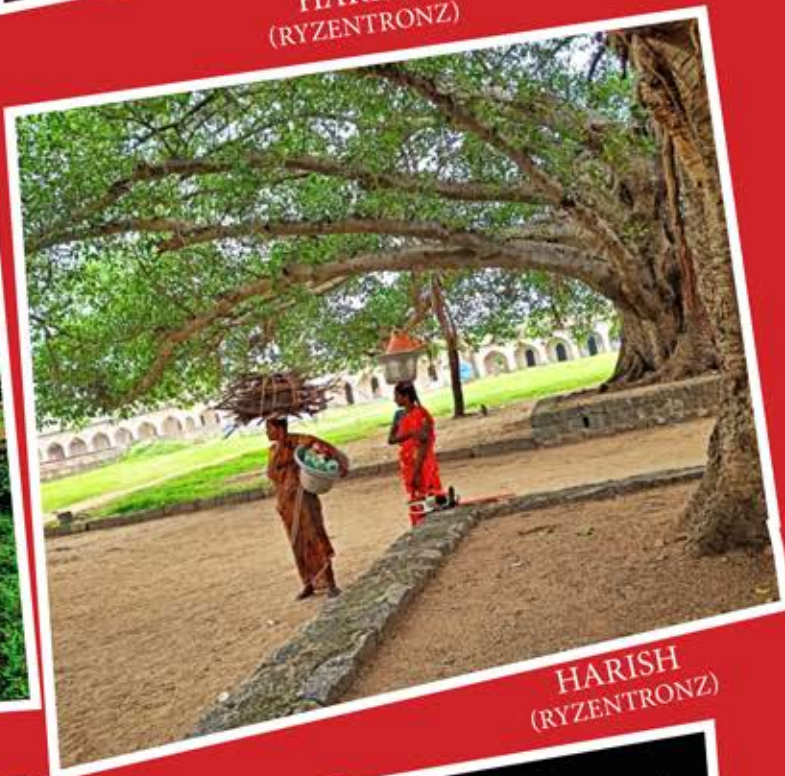
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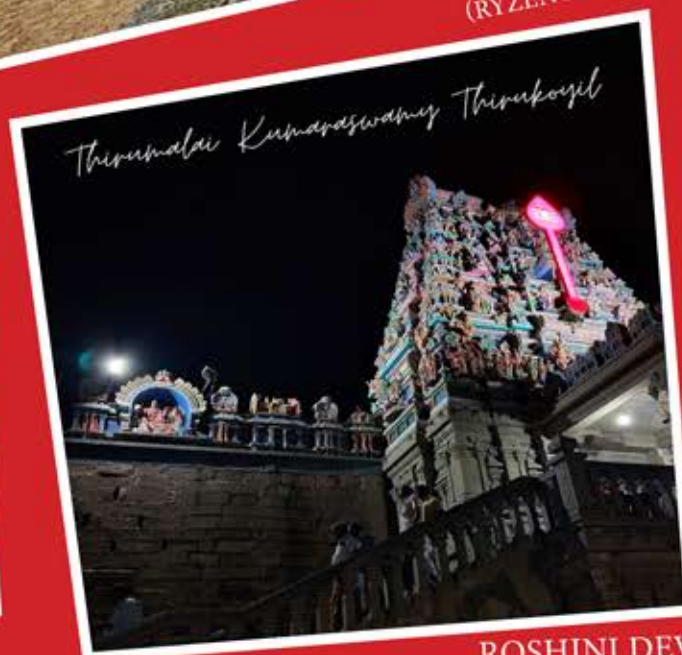
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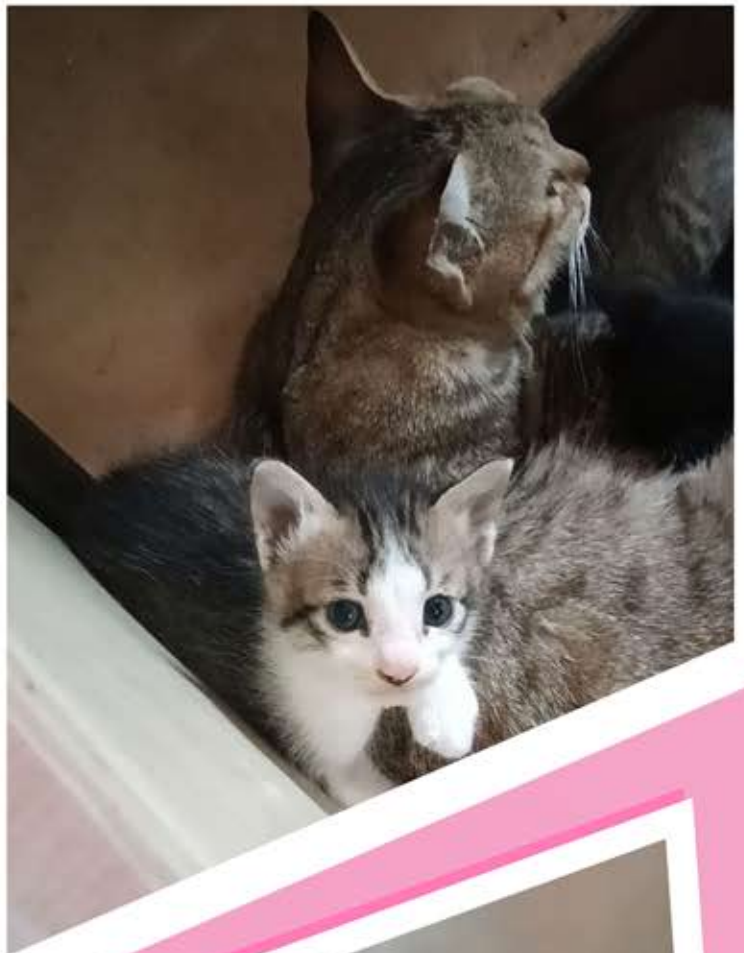


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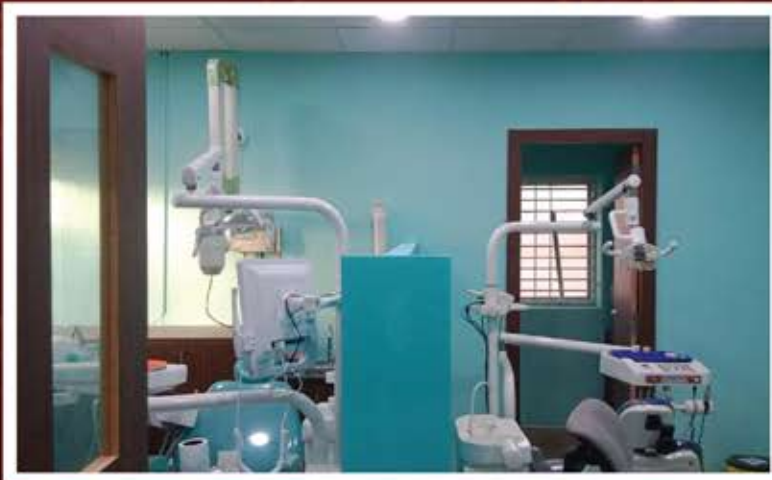
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In Between Live Class

**COURSE
CONTENT**

Topic of the day
Daily at 7 am

Daily, Weekly,
Monthly Test

Rank Conversion Technique
(RCT) After Every Mock Test

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